



# Who Are the Candidates for Ovarian Suppression & Extended Endocrine Therapy

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# DOI

## **Personal financial interests**

- Honoraria -20,000E for 5 years; Taiho, Chugai, Takeda, Shimadzu, Eisai, Daiichi Sankyo, Yakult, Kyowa-Hakko-Kirin, Konica-Minolta, Pfizer, Eli Lilly, MSD, Genomic Health, AstraZeneca. Novartis, Bayer, Sanofi, C&C Res Lab

## **Institutional financial interests**

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## **Non-financial interests**

- Member of Board of Directors: Board of Directors: Jpn Society Clinical Oncology, Jpn Surgical Society, Jpn Breast Cancer Society, Jpn Society Molecular Targeting Therapy, Jpn Breast Cancer Research Group organization, Jpn Breast Cancer Research Group association, Ogranisation for Oncology and Translational Research, Kyoto Breast Cancer Research Network

# Who Are the Best Candidates for

- Ovarian Ablation
- Extended Hormonal Therapy

# OA/OFS

- OA/ OFS                    vs        No treatment
- OFS + TAM                vs        TAM
- OFS + AI                    vs        TAM
- With or Without Zoledronic acid

- OA/ OFS > No treatment
- OFS + TAM > TAM
- OFS + AI > TAM
- With ZA > Without ZA

## Affecting Factors:

**Chemotherapy: Given or Not**

**Age: -35 / 35-**

**Stage: n- / 1-3/ 4-**

**Biology: HR levels**

**Grade/ Ki67LI**

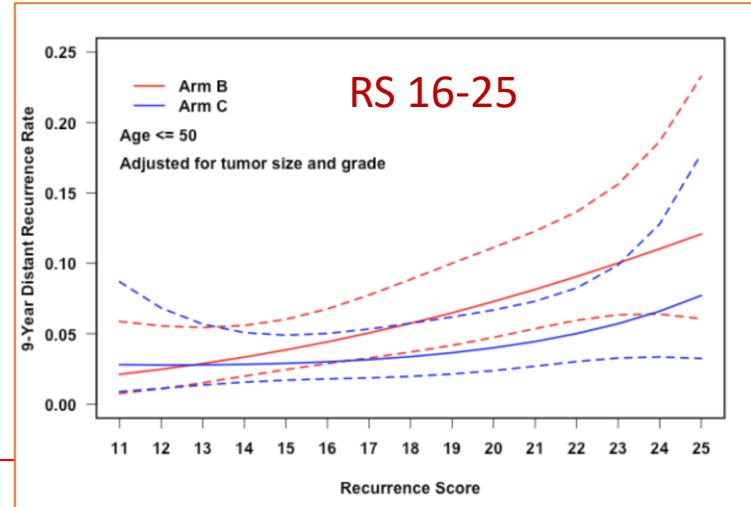
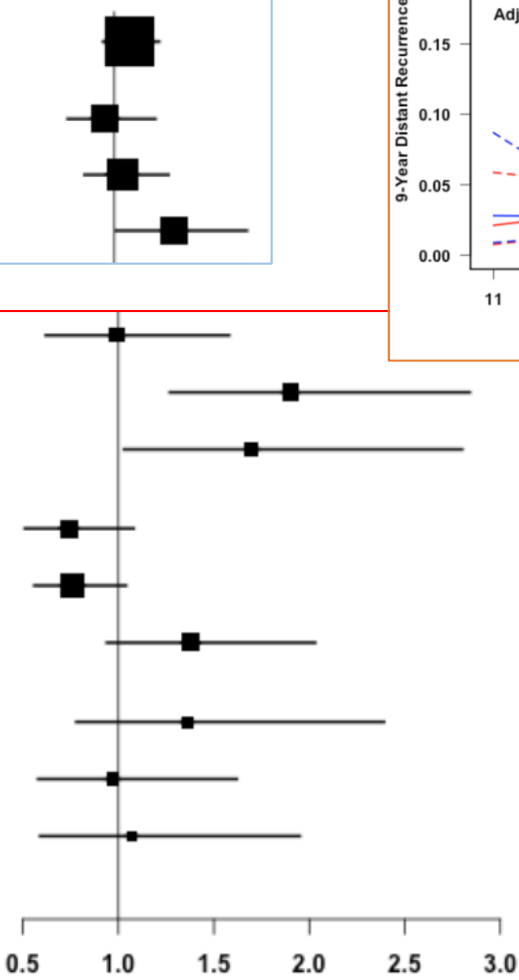
**Multigene Relapse Risk**

# Tailor-x: Node-negative, +/-Chemotherapy

J.A. Sparano, et al. N Engl J Med 2018;379:111-21.

DFS Hazard Ratios for Subsets, Arm B vs. Arm C

Group	n	Ratio	95% Conf Int
Overall	6711	1.08	(0.94, 1.24)
RS 11-15	2373	0.95	(0.75, 1.22)
RS 16-20	2712	1.04	(0.84, 1.29)
RS 21-25	1626	1.32	(1.01, 1.71)



# Tailor-x: Node-negative

RS

Hormone therapy

Chemotherapy

10

TAM 5y

-

15

Premenopausal:  
TAM or TAM→AI (78%)  
OFS (13%)

-

20

Premenopausal?

25

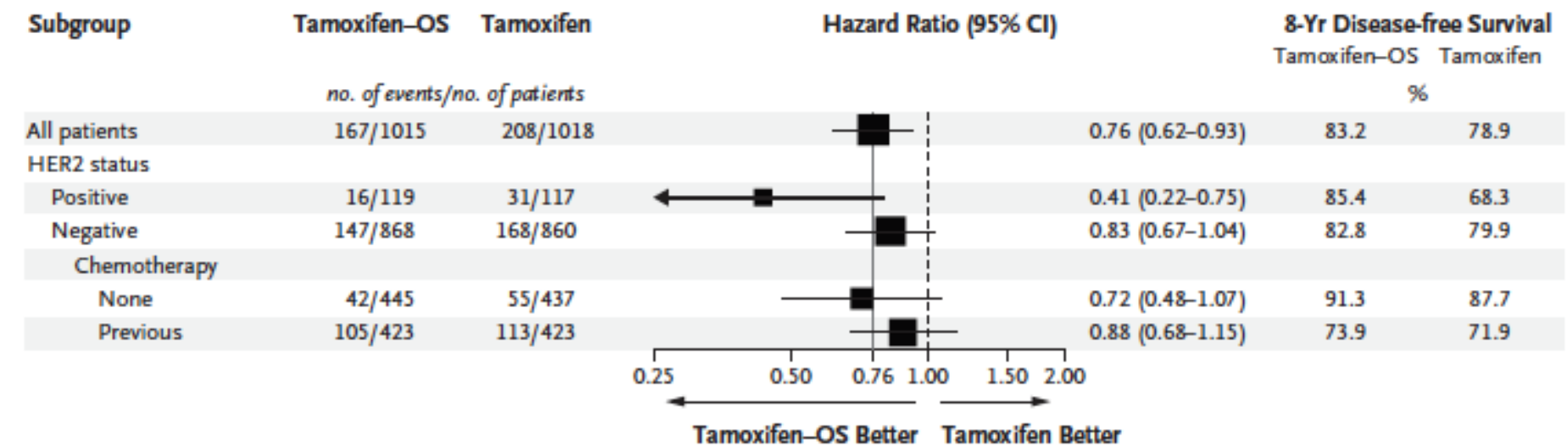
Postmenopausal  
AI (91%)

Premenopausal

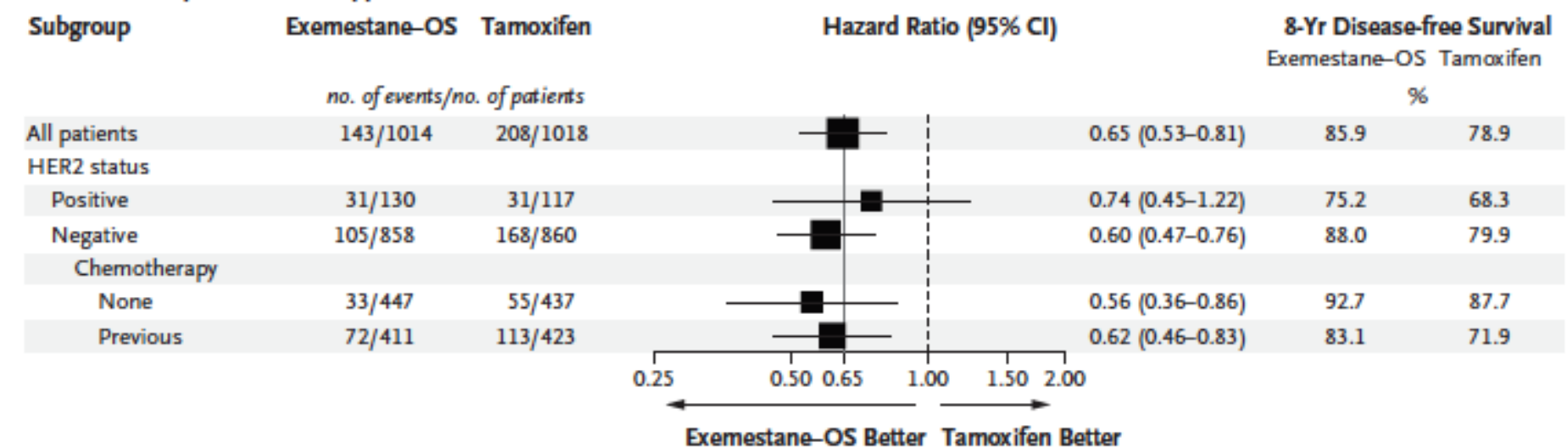
Pre- and Post-  
Menopausal (TC, A..)

# IBCSG: TAM vs TAM/ AI + OFS (SOFT)

## A Tamoxifen plus Ovarian Suppression vs. Tamoxifen Alone



## B Exemestane plus Ovarian Suppression vs. Tamoxifen Alone

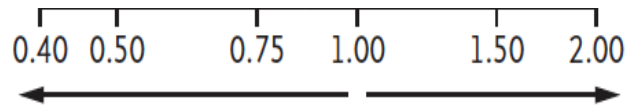




# IBCSG: TAM + OFS vs AI + OFS

P.A. Francis et al. N Engl J Med 2018;379:122-37.

Disease-free survival							
All HER2-negative Cohort	250/2011	350/2024		0.70 (0.60–0.83)	88.1	82.7	
No chemotherapy in TEXT	40/492	59/499		0.68 (0.46–1.02)	93.2	89.1	
No chemotherapy in SOFT	33/447	42/445		0.79 (0.50–1.24)	92.7	91.3	
Chemotherapy in TEXT	105/661	144/656		0.69 (0.53–0.88)	84.6	77.7	
Previous chemotherapy in SOFT	72/411	105/424		0.70 (0.52–0.95)	83.1	73.9	

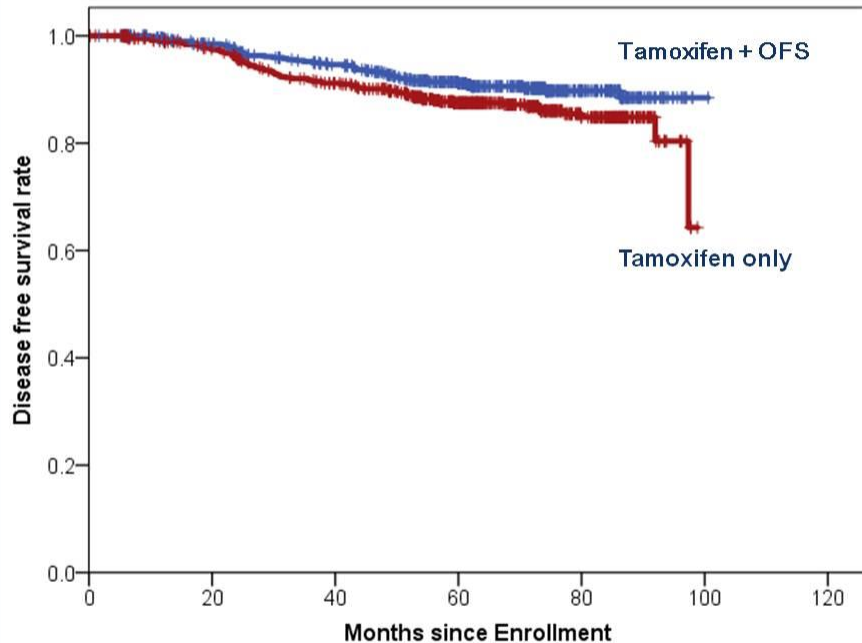


Exemestane–OS Better Tamoxifen–OS Better

# Role of adding ovarian function suppression to tamoxifen in young women with hormone-sensitive breast cancer who remain premenopausal or resume menstruation after chemotherapy: **the ASTRRA study**

Woo Chul Noh, Jong Won Lee, Seok Jin Nam, Seho Park, Seock-Ah Im, Eun Sook Lee, Yong Sik Jung, Jung Han Yoon, Sung Soo Kang, Soo-Jung Lee, Kyong Hwa Park, Joon Jeong, Se-Heon Cho, Sung Yong Kim, Hee-Jung Kim, Hyun-Ah Kim, Chanheun Park, Se-Hwan Han, Wonshik Han, Min Hee Hur

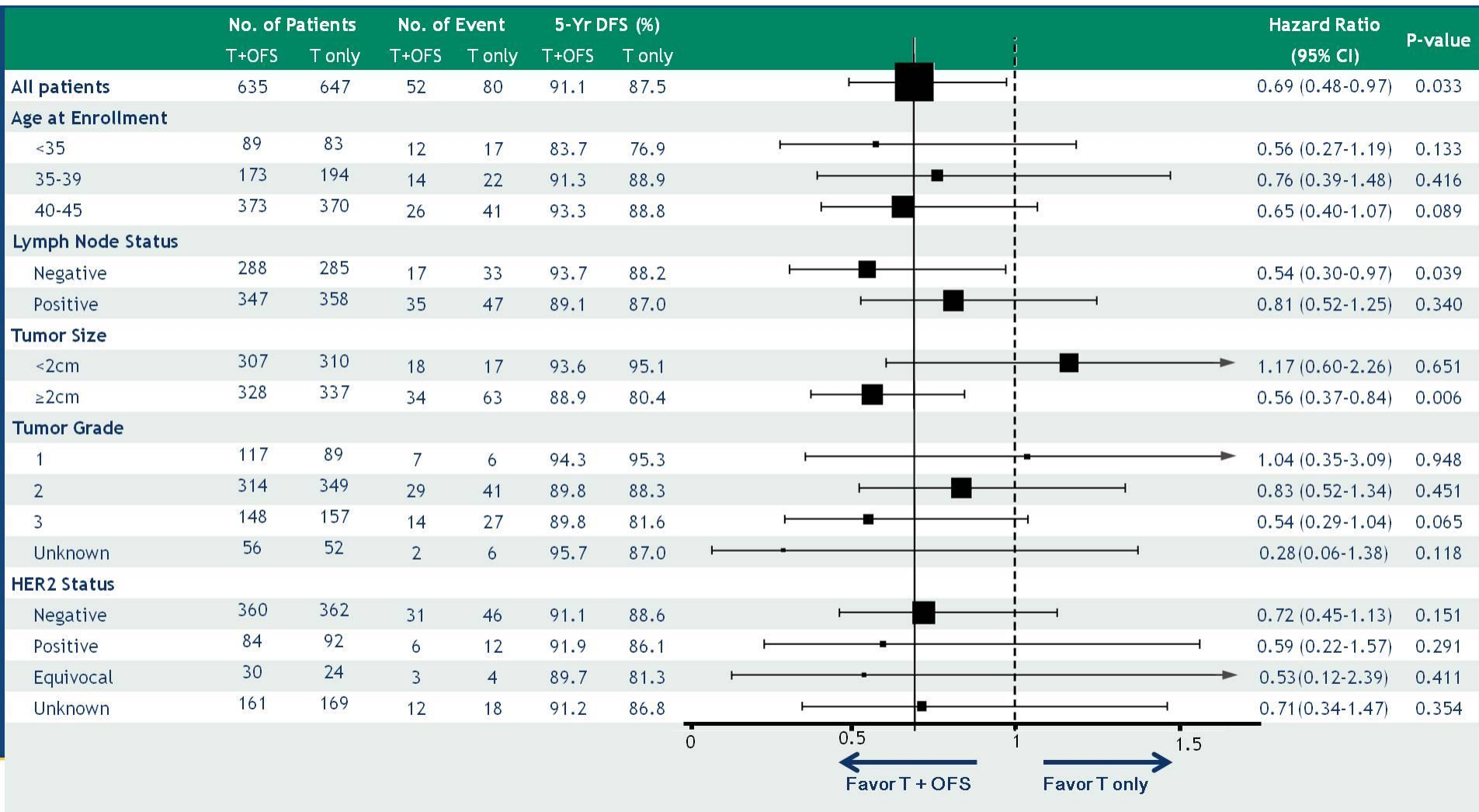
# Disease free survival (Primary Endpoint)



	Pts	Events	5-yr %	HR	95% CI		P-value
					Lower	Upper	
Tamoxifen only	647	80	87.5				
Tamoxifen +OFS	635	52	91.1	<b>0.686</b>	<b>0.483</b>	<b>0.972</b>	<b>0.033</b>

## • Definition

- Local/ regional recurrence
- Distant recurrence
- Contralateral breast cancer
- Secondary malignancy
- Death, any reason



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# OA/OFS (IHC risk)

	Low Risk	Chemotherapy None	Int. Risk	Chemotherapy Given Risk: Int.-High
- 35 y.o.				
35 y.o. -				
Stage 1				
Stage 2/3				

IHC: Immunohistochemistry

# OA/OFS

St Gallen BCC 2019

	YES/	No/	Abstain
•Those given chemotherapy	68 /	26 /	6
•Age <= 35 years	72 /	23 /	4
•Intermediate risk no chemo	45 /	42 /	13
•Node Involvement of:	1	2-3	4-
	38 /	13 /	18

# OA/OFS

	Low Risk (IHC)	Chemotherapy None	Intermediate Risk	Chemotherapy Given Risk: Int-High
- 35 y.o.	YES	YES	YES	YES
35 y.o.-	No	C by C	C by C	YES
Stage 1	No	No	C by C	YES
Stage 2/3	C by C	C by C	YES	YES

C by C: Case by Case

IHC: Immunohistochemistry

# OA/ OFS (Multigene risk)

	<u>M-G</u> Low Risk	Chemotherapy None	<u>M-G</u> Intermediate Risk	Chemotherapy Given
- 35 y.o.	No?	YES?	YES	YES
35- 50	No	C by C	YES?	YES
Stage 1	No	No	C by C	YES
Stage 2/3	C by C	C by C	YES	YES

C by C: Case by Case

M-G: Multigene assay



# Summary-OA/OFS

- Indication of OA/OFS is personalized using Age, Stage, Biology and precise predictions of recurrence risks and therapeutic impact.
- Still many issues remain unresolved.
- Further investigations in Asian females are also needed.

# EBCTCG 2018 SABCS

Gray R et al.



SABCS, December 4 -8, 2018

## **Extended Aromatase Inhibitor treatment following 5 or more years of endocrine therapy: a meta-analysis of 22,192 women in 11 randomised trials**

**Early Breast Cancer Trialists'  
Collaborative Group**

**All authors declare no relevant conflict of interest**

## Extended AI treatment after 5+ years of prior endocrine therapy: methods

Meta-analysis of individual patient data on postmenopausal women with ER-positive (99%) or ER-unknown (1%) tumours in trials of:

**Any third-generation AI** (exemestane, anastrozole, letrozole) vs no further adjuvant therapy **following:**

- a)  $\approx$  5 years of tamoxifen alone (n=7,500)**
- b)  $\approx$  5-10 years of tamoxifen then AI (n=12,600)**
- c)  $\approx$  5 years of AI alone (n=4,800)**

# 10-year Survival Outcomes

	Any Recurrence	Distant Recurrence	BC Mortality
TAM 5y TAM 5y → AI	10.7% vs 7.1% RR 0.67 P<0.00001	6.7% vs 5.2% RR 0.77 P: 0.008	3.6% vs 2.7% RR 0.77 P: 0.05
TAM TAM 5-10y → AI	9.2% vs 7.1% RR 0.82 P: 0.002	6.2% vs 5.3% RR 0.92 P: 0.29	3.1% vs 2.9% RR 0.93 P: 0.45
AI 5y AI 5y → AI	7.9% vs 6.6% RR 0.76 P: 0.02	4.7% vs 4.4% RR 0.78 P: 0.09	2.7% vs 2.4% RR 0.99 P: 0.97

# 10-year Survival Outcomes-2

	Node Negative	Node Positive 1-3	Node Positive 4-
Recurrence Control vs AI All Trials	6.2% vs 5.1% RR 0.82 P: 0.009	12.5% vs 8.7% RR 0.74 P: 0.00003	19.9% vs 12.2% RR 0.71 P: 0.003

2018

DECEMBER 4-8

HENRY B. GONZALEZ CONVENTION CENTER,  
SAN ANTONIO, TEXAS, USA



**5y AI**

**AI beyond 5y AI**

**5y DFS**

**84.4%**

**91.9%**

**HR 0.548**

**P 0.0004**

## Summary-2

# Extended Hormonal Therapy with AI

- Extended 10y Adjuvant Endocrine Therapy (ET) with AI may be useful for reducing recurrence rate in all 3 sequential schemes.
- AI 10y, may be better than AI 5y, although further follow-up is needed.

# De-escalation of Hormonal Therapy

	Stage 1	Stage 2-
<b>Chemotherapy None</b>	<b>TAM 5y</b>  <b>AI 5y</b>	<b>LHRHa + TAM 5y</b> <b>LHRHa + AI 5y</b>  <b>AI 5y?</b>
<b>Chemotherapy Given</b>	<b>LHRHa + TAM (35y-, Int. Risk?)</b> <b>LHRHa + AI</b> <b>ET 10y</b>	

Prediction of late recurrence, particularly over 10 years, is difficult at present time.



# Escalation of Therapy for HR+/HER2-

	Stage 1	Stage 2-
<b>Chemotherapy None</b>	<b>TAM 10y? AI 5y</b>	<b>ET 10 y (with AI 5y)</b>
<b>Chemotherapy Given</b>	<b>ET 10y (with AI 5y or more)  + Oral FU + CDK4/6 inhibitors + PARP inhibitors (BRCA variants)  .....</b>	

**THANK YOU** 

# Duration (Postmenopausal) beyond 5 years

## St Gallen BCC

	YES/	No/	Abstain
Stage 1/ n0, after 5 years tamoxifen?	26 /	<b>72</b> /	2
Stage 1/ n0, after 5 years of an AI?	20 /	<b>78</b> /	2
<b>Stage 2, node-negative, after 5 years of tamoxifen?</b>			
	<b>68</b> /	<b>28</b> /	<b>4</b>
Stage 2, node-negative, <b>after 5 years of an AI?</b>			
	35 /	<b>59</b> /	6
<b>Stage 2, node-positive, after 5 years of an TAM?</b>			
	<b>98</b> /	<b>2</b>	
<b>Stage 2, node-positive, after 5 years of an AI?</b>			
	<b>81</b> /	<b>13</b> /	<b>6</b>

# OA/OFS

St Gallen BCC 2019

## •Premenopausal/ and RS 21-25

TAM/	OFS +ET/	Chemo +ET/	Chemo +OFS +ET	Abstain
17	3	42	10	6